

Add a bit of British chic to your bedroom with some quilted Union Jack pillows



Union Jack Pillows (makes two day-sized pillows)

YOU WILL NEED:

- ☐ 2 x day pillows
- ☐ 1 metre of dark blue quilted fabric
- □ 1 metre of pink silky fabric
- ☐ 1 metre of dark blue silky fabric
- ☐ Lots of silk ribbon, in white and black
- ☐ Dark blue, white and black thread
- ☐ Interfacing (optional)
- ☐ Paper (for your templates)
- □ Sewing Machine
- ☐ Scissors
- ☐ Pins
- ☐ Tailor's chalk



1

Start by measuring the pillows. The ones I used measured 60cm x 38cm. Create a rectangle template on the paper pattern using these measurements.



2

Draw around the template on to your fabric and cut out two rectangles of your covering fabric (the dark blue quilted) and two rectangles of the backing fabric (the silky dark blue).

Then fold your template in half and cut two more half rectangles (measuring 30cm x 38cm) of the backing fabric.



3

Now it's time to make a paper template for the cross, measuring 60cm wide x 38cm tall to match your pillows and 7cm thick.





4

Trace around the cross on to the silky pink fabric and cut out two silk crosses. Put these to the side for the moment. If you're using quite a thin silky fabric, you can iron some interfacing on to the back of your crosses to strengthen the colour.



5

Lay the cover fabric down on a flat surface and place the paper cross template on top. Now, lay down two strips of white ribbon from the corner in to the centre of the cross and cut to size. Do this in each quarter of the flag, referring to an image of the Union Jack to get the placement just right (note how the the strips alternate). Pin the ribbons in place.



6

Place strips of black ribbon on top of the white, in the centre and pin in place.





7

Remove the paper template and place the pink silk cross in its place and pin.



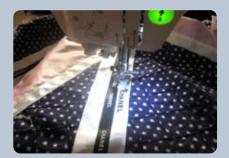
8

Cut more white ribbon and pin around the edges of the cross.



9

Sew along the edges of the white ribbon using white thread and then change to black thread and stitch along the edges of the black ribbon. All your pieces should be secured in place.





10

The ribbons should now be secured in place. Repeat this for your other pillow.



11

Place the half rectangle of dark blue silky fabric on a flat surface and fold over the wide top edge by 1/2" and sew this in place. Now place this on top of the Union Jack cover, so that the stitched side is facing out. Pin along the outside edges and sew these in place.



12

Now take the larger dark blue rectangle, fold the top edge over by 1" and stitch in place. Place this on top of the Union Jack cover, so that the stitched edge is facing out and meets where the half rectangle is sew on to the cover. Pin around all the edges, apart from the stitched top edge and sew in place, using a 1cm seam allowance.





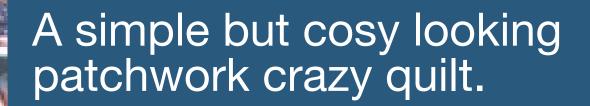


13

Fold your cover inside out and finish off the second pillow. Slip in the pillow inserts and they're all finished!









Cosy Patchwork Quilt

YOU WILL NEED:

- ☐ Fabric in lots of different colours, patterns and types
- □ 1 metre of black cotton
- ☐ 3 metres of thick black quilted batting
- ☐ Sewing machine

- ☐ Pins
- ☐ Rotary Cutter
- □ Ruler
- ☐ Scissors



1

Start by cutting out your squares, measuring 3" x 3". You will need to cut 256 squares and use around 30 different types of fabric (though you're welcome to repeat). Stack them into neat piles.



2

Plot out the patchwork square, by arranging your fabric in rows and columns of four blocks until you get an arrangement that looks good.



3

Spread out the columns vertically to give you a bit of space in between each.





4

Fold the top square down, so that the wrong side is facing up and place a pin along the top edge, so that you're pinning it to the square behind. Repeat down the column, so that all four squares are pinned together.



5

Repeat the same process for the rest of the vertical strips.



6

Using a quater inch seam throughout, sew along the edges, removing the pins as you go. Repeat for all the vertical strips.





7

Place two of the vertical columns side by side.



8

Place one column on top of the other (wrong side facing up) and pin along the top edge. Repeat this for the other columns in the block.



9

Sew all the columns together, removing the pins as you go.





10

You've sewn your first patchwork block, which should look something like this.



11

Sew the remaining patchwork squares in to patchwork blocks. If you prefer, you can make two different patchwork blocks and then alternate them throughout the quilt, to give it a more varied but still orderly appearance.



12

It's time to start joining the patchwork blocks together, which we will do with black strips of fabric. Cut out 24 strips of the black cotton measuring 15" x 3".





13

Pin a strip along the top edge of one of the blocks. Sew this in place.



14

Take a second patchwork block (or one of the contrasting blocks). Pin then sew this along the other side of the black strip. Repeat this until you have a row of four patchwork squares, joined together by three black fabric strips. Repeat this for the remaining patchwork blocks, so that you have four rows of four patchwork squares.



15

Now it's time to sew our rows together into one big quilt. You can either sew four of black strips together into one long strip, or cut out one large black strip measuring 60 x 3". Attach this along the top edge of a patchwork row and sew in place.





16

Sew another patchwork block row along the top of this black strip. I put the blocks in an alternate order, so that you would have a different block to the top, left and right of each other.



17

Your patchwork is starting to take shape now.



18

Sew the other patchwork rows together using the same technique, until you have one big patchwork, four squares tall by four squares wide.





19

Now, it's time to sew on the batting. The thicker the batting you use, the cosier the quilt will be. Create a 15" overlap of batting at the top edge of the quilt and pin in place (this will make it a bit longer, so that you can place your pillows on top, making the quilt look nicer on the bed).



20

Create a 3" overlap at the bottom of the quilt. Sew the batting in place. To get the edges all nice, fold the quilt inside out (so that the wrong sides are facing up) and then stitch along the edge, leaving a small area unstitched, so that you can fold it right side out and then sew the opening closed.



21

To give your quilt a professional finish, sew along the sides of the black strips and then you're all done.

